



7:30AM - 8:00AM

DOORS OPEN – Resource Tables Available

8:00AM - 8:30AM

BREAKFAST – Resource Tables Available

8:30AM - 8:40AM

WELCOME – Opening Remarks

8:40AM - 9:10AM

YOUTH PANEL *Moderated by: Koren Hudson LPC, NCC*

9:10AM - 10:10AM

KEYNOTE PRESENTATION

SPECT Imaging: A Breakthrough Approach to Diagnosing, Understanding, & Healing the Brain
Dr. Mark Anderson, DO

10:10AM - 10:30AM

BREAK – Resource Tables Available

10:30AM - 11:30AM

BREAKOUT SESSIONS

Mental Health

From Glimmers to Gaslighting: What Pop Psychology Gets Right—and Wrong—About Brain Health –
Dr. Kari Millican, PsyD., LPC-S, PMH-C, ACS

Substance Use

Behind the Smoke: The Truth About Marijuana and Youth Brains – **Lindsay Taylor, LMSW**

LGBTQIA+

From Barriers to Bridges: Transforming Mental Health Care for the LGBTQIA+ Community –
Rebecca Duffy, LPC

Eating Disorders

Eating Disorders & The Gut-Brain Connection – **Liz Lees, MS, RDN, CGN**

11:30AM - 11:50AM

BREAK – Lunch – Resource Tables Available

11:50AM - 12:50PM

**INNOVATIVE APPROACHES TO TRAUMA TREATMENT:
PERSPECTIVES FROM THREE EXPERTS**

EMDR

What is EMDR Therapy? How it Heals & Who it Heals – **Carlie Deadman, LPC**

Somatic Experiencing

Trauma Related Dissociation & The Nervous System – **Chelsey Valeri, LCSW**

Brainspotting

Brainspotting: Accessing the Brain's Natural Healing Capacity – **Eryn Coutier, LIAC**

12:50PM - 1:00PM

THANK YOU – Closing Remarks